

LCDS YOUTH

Lancaster Country Day's largest athletic program hits the fields this spring:
Is your son/daughter interested?!

For more lacrosse info:

<http://www.uslacrosse.org/TopNav2Left/Parents/ParentHandbook.aspx>

| BOYS-- | GIRLS— |
|--|--|
| SEASON INFO: 3 rd /4 th grades ("lightning"), 5 th /6 th grades ("junior") Practices Mon, Wed, and most Fridays League games on Tues and Thurs; some Saturday tournaments (parents provide away transportation) Program begins week of 3/12/2012 | SEASON INFO: 3 rd /4 th grades ("lightning"), 5 th /6 th grades ("junior") Practices Tuesday, Thursday, and some Fridays Morning/afternoon league games on Sat (parents provide away transportation) Program begins week of 3/12/2012 |
| EXPENSE(S): Helmet (NOCSAE cert), mouthpiece, padded gloves, shoulder pads, arm/elbow pads, rib pads (recommended), athletic supporter/cup (recommended), stick (position specific), chest protector (goalie only), throat protector (goalie only) Officiating/tournament fees (dependent on # of participants) | EXPENSE(S): Protective eyewear (ASTM cert), mouthpiece, close-fitting gloves (optional), nose guards (optional) and soft head gear (optional), helmet (goalie only), chest protector (goalie only), stick (position specific), padded gloves (goalie only) Officiating/tournament fees (dependent on # of participants) |

If interested, please email AD Leigh Block (blockl@lancastercountryday.org) with your child's name, gender, grade and preferred contact email and/or phone number by February 1st, 2012. For former players, please include if your athlete will use spring 2011's uniform and what number (s)he has

LACROSSE